



© Ariadni Lesvos Housekeeping Training

2 Training plan basic qualification in domestic science for tourism, hotels and private households

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Objective

The basic qualification provides practical knowledge and skills for work in the field of **domestic services, particularly in tourism, the hotel industry, and private households**. Furthermore, it imparts fundamental competencies that can also be applied in other facilities with domestic services, such as **children's and youth homes, senior citizen facilities**, or similar social institutions.

The training is **practically** oriented and combines theoretical fundamentals with practical exercises in everyday work situations. Participants learn typical work processes, develop professional skills, and are prepared to take up their first jobs in the labor market.

In addition to **domestic skills**, topics such as **sustainability, communication, rights, and personal development are also** covered. **Creative activities** and **structured work processes further impart** practical skills that can be used, for example, in designing activities for diverse target groups. The goal is **to empower women to become independent, boost** their self-confidence, and open up new **career opportunities for them**.

The training program lasts six months with 30 hours per week. The content is based on key areas of domestic science training but is specifically tailored to the needs of the tourism, hotel, and private household sectors. At the same time, participants develop skills that can also be beneficial in other domestic and social work fields.